

# Fact Sheet: Individual Supports

Updated (3/08)

This is a service provided to individuals who meet the criteria for individual supports through DMR and who are prioritized, based on need. Such individuals do not require 24 hour residential support, but typically need intermittent assistance and training in certain areas of maintaining their own apartment or generally independent living situation. Examples of supports provided might include assistance with cooking and meal preparation, bill paying, attending medical appointments and accessing community resources.

## INDIVIDUAL SUPPORTS PROVIDERS WORKING WITH THE DEPT. OF MENTAL RETARDATION CAPE COD AND ISLANDS AREA OFFICE

### Arc of Cape Cod

P.O. Box 428  
171 Main Street  
Hyannis, MA 02601  
(508) 790-3667  
[www.arcofcapecod.org](http://www.arcofcapecod.org)

### Cape Abilities, Inc.

895 Mary Dunn Road  
Hyannis, MA 0261  
(508) 778-5040  
[www.capeabilities.org](http://www.capeabilities.org)

### Community Connections, Inc.

127 White's Path  
South Yarmouth, MA 02664  
(508) 362-1140  
[www.communityconnectionsinc.com](http://www.communityconnectionsinc.com)

### Seven Hills, Inc.

3 Otis Park Drive  
Bourne, MA 02532  
(508) 759-7268  
[www.sevenhills.org](http://www.sevenhills.org)

### Kennedy – Donovan Center

32 Commercial Street  
South Yarmouth, MA 02664  
(508) 385-6019  
[www.kdc.org](http://www.kdc.org)

### LIFE inc.

550 Lincoln Road Ext.  
Hyannis, MA 02601  
(508) 790-3600  
[www.lifecapecod.org](http://www.lifecapecod.org)

### Community Systems, Inc

280 Route 130, Bldg. A Unit 1  
Forestdale, MA 02644  
(508) 833-0945  
[www.communitysystems.org](http://www.communitysystems.org)

### Latham Center

P.O. Box 1879  
Brewster, MA 02631  
(508) 896-5776  
[www.lathamcenters.org](http://www.lathamcenters.org)

### May Institute

550 Main Street  
Mashpee, MA 02649  
(508) 539-2700  
[www.mayinstitute.org](http://www.mayinstitute.org)

### Family Continuity Programs

60 Perseverance Way #2  
Hyannis, MA 02601  
(508) 862-0600  
[www.familycontinuity.org](http://www.familycontinuity.org)